

## 2015 Crystal Lake Triathlon

## Start List

Relay - 1 Swim; 2 - Cycle; 3 - RUN								
BIB #	Last Name	First Name	Event	Relay Team Members	Swim	Cycle	Run	Total
R18	Olejnik	Michael	Relay	Michael Olejnik, Shawn McLeish, John Fernandes	0.1327	1.0337	1.3316	1.3316
R19	Mowat	Mike	Relay	Mike Mowat, Bradley Whitlock	0.1741	1.1120	1.3531	1.3531
R17 **	McKinnon	Don	Relay	Don McKinnon, Steve Hunt, Surrogate Swimmer	0.2123	1.0517	1.3550	1.3550
R10	Olejnik	Matt	Relay	Matt, Ryan and Greg Olejnik	0.2022	1.1129	1.3657	1.3657
R9	Samyn	Gary	Relay	Ted Hopkins, David Cyr, Gary Samyn	0.1507	1.1004	1.3851	1.3851
R5	Duncan	Judy	Relay	Jude Duncan, Gwen Merrick, Judy Duncan	0.1845	1.1158	1.3857	1.3857
R6	Allan	Tim	Relay	Ann Ewing, Bradley Sweet-Rynard, Tim Allan	0.2112	1.1800	1.4316	1.4316
R11	Oliver	Dan	Relay	Dan, Amanda, Kim Newlove	0.1938	1.1335	1.4509	1.4509
R15 **	Milligan	Sean	Relay	Sean, Steve, Surrogate swimmer	0.1832	1.1910	1.4627	1.4627
R4	Rynard	Susan	Relay	Su Rynard, Paul Rynard, Heather Kijora	0.2053	1.1056	1.4728	1.4728
R14	Verwey	Bob	Relay	Bob; Mark Low; Mark Verwey	0.2135	1.2106	1.5122	1.5122
R16	Romanchych	Camp	Relay	Ben R; Erin R and Julian	0.1729	1.1903	1.5629	1.5629
R2	Nasby	Eleanor	Relay	Eleanor Nasby, Kristina Chiu, Julia Grishina	0.1821	1.2222	2.0054	2.0054
R7 **	Schade	Brandi	Relay	Tamara McKernan; Brandi Schade (2 legs)	0.2744	1.2510	2.0608	2.0608
R12	Paul	Kevin	Relay	Kevin, Hans, Alex	0.1826	1.1535	2.1205	2.1205
R1	Chiu	Denis	Relay	Denis Chiu, Frank Pao, Jeff Kwai	0.1607	1.3627	2.1412	2.1412
R8	Meech	Brigha	Relay	Brigha Meech, Bronwyn Meech, Dale Rutherford	0.2539	1.3708	2.2401	2.2401
R3	Kok	Shirlyn	Relay	Shirlyn Kok, Mark Chiu, Joanna Kwai	0.1510	1.3634	214.1200	214.1200
Sprint								
Entry #	Last Name	First Name	Event		Swim	Cycle	Run	Total
S115	Ritchie	Joshua	Sprint		0.1620	1.0600	1.3040	1.3040
S112	Underwood	Chris	Sprint		0.1743	1.1100	1.3540	1.3540
S102	Bell	Mark	Sprint		0.2459	1.1200	1.3846	1.3846
S105	Russell	Emily	Sprint		0.1327	1.0900	1.3849	1.3849
S107	Calwell	Carolyn	Sprint		0.1943	1.1100	1.3906	1.3906
S110	Miskell	Katie	Sprint		0.1750	1.1000	1.4000	1.4000
S117	Clark	John	Sprint		0.1606	1.0600	1.4102	1.4102
S106	Traynor	Allyson	Sprint		0.1516	1.0900	1.4148	1.4148
S114	Verwey	Holly	Sprint		0.1909	1.1700	1.4343	1.4343
S111	Ritchie	Nathan	Sprint		0.1644	1.1100	1.5446	1.5446
S100	Nichol	Paul	Sprint		0.2255	1.2430	2.2000	2.2000
S101	Abbott	James	Sprint		DNC	DNC	DNC	DNC
S103	Strang	Dave	Sprint		DNC	DNC	DNC	DNC
S104	James	Brian	Sprint		DNC	DNC	DNC	DNC
S108	Mowat	Mike	Sprint				Moved to Relay Team	
S109	Whitlock	Bradley	Sprint				Moved to Relay Team	
Tri -A-Tri								
Entry #	Last Name	First Name	Event		Swim	Cycle	Run	Total
T210	Whitlock	Sarah	Tri-A-Tri		0.0700	0.3810	0.5401	0.5401
T203	Chau	Mike	Tri-A-Tri		0.0916	0.4045	0.5545	0.5545
T204	Russell	Leah	Tri-A-Tri		0.0710	0.3930	0.5632	0.5632
T206	van Monsjou	Austin	Tri-A-Tri		0.0957	0.4135	0.5657	0.5657
T224	Allan	Tim	Tri-A-Tri		0.1307	0.4208	0.5945	0.5945
T223	Wolf	Marie	Tri-A-Tri		0.1503	0.4928	0.6803	0.6803
T200	Stevens	Erinne	Tri-A-Tri		0.0938	0.4338	1.0000	1.0000
T205	van Monsjou	Alexander	Tri-A-Tri		0.1242	0.4350	1.0200	1.0200
T211	Wolf	Mike	Tri-A-Tri		0.1255	0.4610	1.0340	1.0340
T212	Wolf	Connor	Tri-A-Tri		0.1137	0.4718	1.0651	1.0651
T221	Shantz	Kathy	Tri-A-Tri		0.1152	0.4727	1.0700	1.0700
T219	Verwey	April	Tri-A-Tri		0.1210	0.4812	1.0726	1.0726
T225	Cecatto	Stella	Tri-A-Tri		0.1135	0.5755	1.0741	1.0741
T226	Cecatto	Dylan	Tri-A-Tri		0.1135	0.4845	1.0941	1.0941
T218	Pile	David	Tri-A-Tri		0.1453	0.5233	1.0959	1.0959
T214	McColgan	Stephen	Tri-A-Tri		0.1658	0.5438	1.1438	1.1438
T217	Pile	Liam	Tri-A-Tri		0.1453	0.5742	1.1438	1.1438
T220	Janzen	Erin	Tri-A-Tri		0.1157	0.4839	1.1530	1.1530
T201	Stevens	Ross	Tri-A-Tri		0.1328	0.4820	1.1720	1.1720
T215	McColgan	Rachel	Tri-A-Tri		0.1448	0.5921	1.1956	1.1956
T207	Coward	Hailey	Tri-A-Tri		0.1448	0.5832	1.2130	1.2130
T216	McColgan	Alexandra	Tri-A-Tri		0.1448	0.5825	1.2130	1.2130
T208	Coward	Chris	Tri-A-Tri		0.2053	1.1449	1.3939	1.3939
T209	Coward	Sonia	Tri-A-Tri		0.2053	1.1459	1.3939	1.3939
T202	Stevens	Kathy	Tri-A-Tri		0.0000	0.4102	DNF	DNF
T222	Cecatto	Luca	Tri-A-Tri		DNF	DNF	DNF	DNF